

Accountability Partners

What is it?

The accountability process is a way to challenge yourself beyond where you are currently. **It is not for sharing best practices**, it is for honest reflection and assessment of your current situation and building a plan to move forward.

The Set Up:

- You will meet twice a month for 30 min in person or virtually
- You will keep the date and time of the meeting open and available
- You will hold each other accountable to the goals you have set
- You will operate your meetings with the highest level of professionalism

The Process:

- At the meeting go one at a time
- Review the goals set in each area
- Identify the goals Achieved and the goals missed
- Goals Achieved
 - Ask your partner what did they do to Achieve the goal?
 - Ask them to share how Achieving the goal impacted their business?
- Goals Missed ask them:
 - Why they missed the goal?
 - Was it a Skill or and Attitude?
 - Skill – How to do, What to do, When to do
 - Attitude – Fear, Procrastination, Disbelief, Avoidance
 - What is currently in the way of Achieving the goal?
 - What are you willing to do in the next 2 weeks to start moving in the direction of achievement?
 - What would you need to **Stop** doing to make progress?
 - What do you need to **Start** doing to make progress?
- Recommit to the goals for the month

Tips:

- Set goals that are Achievable
- Build momentum by stacking positive behaviors over time
- Build a habit of Achievement by accomplishing small goals
- Use the habit of Achievement to accomplish any goal